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## Football coach 2 tips

By Kristine Tucker Updated June 27, 2018 There is always a quick way to become a high school football coach. Some coaches have links to school administrators, teachers or sports staff, or have children on the team. However, there are several action courses that could increase the likelihood that you will get engaged. Sometimes getting a job as a high school football coach is simply about being available when a post opens. Even if a college education is not a prerequisite for all high school football coach positions, a diploma or an advanced education can elevate your status as a career professional. A college education is particularly beneficial for paid high school coaching posts. Even if you specialize in a field unrelated to football or athletics, a college degree can help you stand out in a pool of applicants. List on your resume any experience you have had playing or training football, especially at the high school or college level. Volunteering as an assistant football coach or offering to help as an unpaid assistant could increase your chances of being hired. Voluntary work proves that you are really interested in football coaching without strings attached. You might offer to help with equipment, uniforms, practices, or playing cards and help keep the sheets state during games. You might also work with special teams, offensive players or defensive linemen, so come across as an expert in a particular part of the game. Some school districts don't have the funds to hire full-time professional staff to coach football, so they rely on high school academics to fill the gap. Tom Bass, a veteran 30-year-old national football league coach, says that people interested in getting a job as a high school football coach should get a college degree and a teaching accreditation to get a full-time head coaching job, according to the U.S. Football website. Getting a job as an educator is one of the most reliable ways to get a job as a high school football coach; however, it usually takes 4 years to get a bachelor's degree in education. Coaches can obtain certificates through the National High School Coach Association, giving them additional credibility and a deeper understanding of coaching responsibilities. Candidates can opt for general certification or certification in a particular sport, such as football. Certification courses cover topics such as fundamentals, administration, sports law, first aid, safety and ethics, according to the NHSCA. Certification does not guarantee applicants that they will get jobs, but separates them from other who may not have any training or education in high school coaching. Whether you are a potential player or a coach, learn to teach and run different formations and play, get information on the player's positions, study on exercises, training, equipment, and safety. Executive coaching can help you achieve greater performance and satisfaction at work. While you may be aware that you need to make changes - in your behavior, mentality, or both - to advance your career, you won't reap the benefits of coaching unless you're prepared to fully engage in the process. This requires a substantial investment of time and effort, so before you go any further, the most important question you should ask yourself is, am I ready to be trained? Having discussed challenging customer experiences with many accomplished executive coaches, it is clear that the appropriate question - Is this coachable leader? - prominent figures in their assessment of whether and proceed. Based on these conversations, we have identified seven basic features that differentiate leaders who evolve through coaching from those who don't. Tolerance for discomfort. Successful coaching requires you to be proactive in embracing new ways to perceive and act. In doing so, you will probably experience fear or emotional blocks about new achievements and realities. You must be able to endure these periods of discomfort to achieve the rewards of taking new and different approaches. Open the experiment. Trying something new means taking risks, and experimenting with new behaviors may not work the first time. Waiting for the perfect timing or perfect performance will stand in the way of progress. If you think you already have the answers and are not willing to explore new options, you are unlikely to be open or do the necessary reflection to change. You have to try new ideas and actions, fail, learn and try again. The ability to look beyond rational. Behaviour is not rational - it is driven by emotions like fear, anger, and pride. Just because you know what to do doesn't mean you're going to act accordingly. You'll get a deeper understanding of your own behaviors and relationships if you explore their emotional dimensions. The desire to take responsibility. It's hard to change if you don't think you have the strength to shape your future. Blaming the organization, the boss, too many responsibilities, and so on, will prevent you from growing. Even if there's a truth in your reasoning, it's impossible to move on if you see yourself as a victim. You have to be responsible for your progress. The capacity for forgiveness. Even if you feel that you have been mistreated, it is essential to make peace with the past and channel your energy into progress. The need to be right or show them is rarely useful for you or the people you work with. You have to be willing to forgive and move on. Self-discipline. Somewhat counterintuitively, your development as a leader will probably require you to give up the ways of thinking and behavior that have helped you succeed in the past and be prepared to with the consequences. It can be hard for others to accept changes in personal or work relationships. For example, you may have succeeded by this point, saying yes to help colleagues and make you make But discipline yourself to say no and learning to focus on what is important are the essential parts of becoming a more effective leader. Even if those around you are no longer available 24/7, you need to stay focused on your coaching goals. Ability to ask for support. Finally, you need to be engaged with other potential supporters, not just your coach, throughout the coaching process. You are responsible for change, but you will develop faster if you make yourself vulnerable to others (judiciously), including your boss, colleagues, and even direct reports. Share goals, ask for advice, listen with curiosity, and, most critically, accept and act on the constructive feedback you receive. It is normal to feel both emotion and trepidation when deciding to work with an executive coach. Start by assessing the degree to which you have these seven features, then discuss which are the most challenging for you. You can decide to each other that it is not the right time to continue. More likely, it will help you develop a stronger relationship and a deeper awareness of how to develop meaningfully as a leader through coaching. Occasional coaches and fans can watch the same game and see very different things. Coaches tend to pay attention to a wide variety of events on the field and details on each game, while fans often tend to focus directly on the action. Instead of watching a televised match from the point of view of a football fan, try to see it, in the same way, a coach watches the video of the next opponent's game. This idea runs in contradiction with the common sport phrase keeps an eye on, but coaches watch a whole lot more than the ball on any given game. They pay attention to things would be how the defense sets, how the offense reacts, and how individual players perform their tasks. Thus, instead of having tunnel vision towards the quarterback, look at the defensive and offensive lines, secondary movements, receivers, and rear running. As the game progresses, you will begin to realize that all teams have trends and you will be able to stand up to some of them. Picking up trends takes time and comes with familiarity, but some small inclinations can be observed almost immediately. When paying special attention to the defense there are a number of things to watch for: Are the cornerbacks playing inside the receiving shoulders to take away the tilted pattern? How many players are on the line? Is the secondary man-to-man look or a look area? Do the defenders rotate in different cover packs? How good are the quarterbacks from the disguise blitz? Can you see the overload of defensive players on one side? Is that cover two? Tampa 2? Is the defensive side collapsing? Or, does he play his part? There are also a number of to watch on the offensive end. Do not approach set differently on pass plays? Are they clapping their hands? Can you see a bow in front of the linemen when it's a rushing piece? Can the quarterback read read defense and make game calls based on these reads? Movement? Is it to set up another piece? Is the quarterback determining if the defense is in man coverage? Thrown on the first floor? Much? Little? How effective is the game action? Are the receivers working on secondary ball? Inside the opponent's 25-side line, is there a passing game to the final zone on the first down? Does a team's offensive approach vary depending on where the ball is? With the offensive sustained, will the quarterback throw deep? Play it safe and run the ball? Fake punt? Is it possible to happen in the middle of the field or inside the opponent's territory? The more often you look at the same team, the more familiar you will become with team trends. Who knows? By the time your favorite team makes it to the Super Bowl or National Championship game, you can even surprise your friends by meaning the sharp ness of the call in play before the ball is broken. Snapped.

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